



## CHILLSWIM ULLSWATER 2020 - Course Update

Due to the strong winds forecast on the end to end course from 1000hrs the water safety team have informed us that it would not be safe to attempt either the 7-mile or 3-mile swim today. The contingency of the event taking place on Sunday is affected by a very similar weather forecast.

Therefore, the decision has been made to set up a course around the bay to the South of Park Foot with as large a loop as possible to allow swimmers to complete as many laps up to the distance as you wish. Please see the amended timetable below for today's revised swim:

Previous Start time	New Start Time	Wave number
08:10	09:00	Wave 1A (56 – 65 min mile pace)
08:15	09:00	Wave 1B (59 – 50 min mile pace)
09:00	09:00	Wave 2 (49 – 41 min mile pace)
09:20	09:20	Wave 3 (40 – 38 min mile pace)
09:40	09:40	Wave 4 (37 – 35 min mile pace)
10:20	10:00	Wave 5 (34 – 31 min mile pace)
11:00	10:20	Wave 6 (30 – 28 min mile pace)
11:30	10:40	Wave 7 Faster than 28 mins
12:00	11:00	Wave 8 (3 mile)
12:30	11:20	Wave 9 (3 mile)

Swimmers will still be timed on this loop, but due to giving flexibility on the route there will be no formal ranking of the results.

We are as disappointed as you are by the outcome and we will honour all swimmers entered into today's event with a free entry to the ChillSwim Ullswater End to End swim taking place in 2021. The provisional date for the 2021 event is Saturday 17<sup>th</sup> July.

Thanks for your continued support - The Chillswim Team